SMITH FOR CHRIST

TEACHING THE WORD · WATCHING THE TIMES

REFLECTION JOURNAL · FIVE DAYS

# Revelation

## *Chapter 6*

*Seals Opened: Who Is Able to Stand?*

MEMORY VERSE · REVELATION 6:16–17

*"Fall on us and hide us from the presence of Him who sits on the throne, and from the wrath of the Lamb; for the great day of their wrath has come, and who is able to stand?"*

THIS JOURNAL BELONGS TO _____

BEFORE YOU BEGIN

# This week in Revelation 6

This is a heavy chapter, but every seal is broken by the hand of the Lamb who was slain for you. This week it asks you an honest question, who is able to stand, and points you to the only safe place to run.

**How to use this journal**

1. Each day, read the passage slowly — out loud if you can.
2. Answer the **Observe** question from the text before you write what it means.
3. Write honestly on the **Reflect** questions. No one grades this.
4. Do the **Respond** step today, not someday. Say the memory verse.
5. Bring this journal to the group. The last page is for the table.

The O·I·A study, the slides and the film for this chapter are on the Revelation study page.

WHERE I AM AS I START THIS CHAPTER

**What is going on in my life right now that I want to bring to God this week?**

DAY 1 OF 5

# The White Horse and the Red

READ · REVELATION 6:1–4

OBSERVE — WHAT DOES IT SAY?

**Who breaks the seals (v1), and what is each of the first two riders given (vv2, 4)?**

REFLECT

**The first rider looks like a winner, with a white horse and a crown (v2). What has looked like a savior in your life and then brought ruin?**

REFLECT

**When peace is taken away, men "slay one another" (v4). Where do you see what happens in your own heart when you push God away?**

RESPOND — TODAY

**Ask God today for His peace in the one relationship where you feel the most conflict, and take one step toward peace there.**

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (REVELATION 6:16–17)

DAY 2 OF 5

# Famine and Death

READ · REVELATION 6:5–8

OBSERVE — WHAT DOES IT SAY?

**What does the black horse's rider carry, what does a day's work buy, and what is the fourth rider's name (vv5–8)?**

REFLECT

**Even Death rides only because “Authority was given to them” (v8). How does it help to know death has a limit and answers to Someone?**

REFLECT

**The oil and the wine are left alone while the poor go hungry (v6). Where do you see people around you going without, and what can you do about it?**

RESPOND — TODAY

**Share a meal, a snack or something you have with someone who has less today, and pray for them by name.**

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (REVELATION 6:16–17)

DAY 3 OF 5

# How Long, O Lord?

READ · REVELATION 6:9–11

OBSERVE — WHAT DOES IT SAY?

**Why were these souls slain, what do they cry out, and what are they given (vv9–11)?**

REFLECT

**The martyrs took their cry for justice to God instead of getting even (v10). Who has wronged you, and what would it look like to hand that to God instead of carrying it?**

REFLECT

**They had "maintained" their testimony (v9). Where is it costing you something to keep speaking about Jesus, and what helps you hold on?**

RESPOND — TODAY

**Pray "How long, O Lord?" honestly about one wrong done to you, then tell God you are leaving the payback to Him.**

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (REVELATION 6:16–17)

DAY 4 OF 5

# The Sky Rolled Up

READ · REVELATION 6:12–14

OBSERVE — WHAT DOES IT SAY?

**List the things that happen to the earth, sun, moon, stars, sky and mountains when the sixth seal is broken (vv12–14).**

REFLECT

**Everything that looked permanent is moved out of its place (v14). What are you leaning on that could be shaken loose?**

REFLECT

**These signs come exactly when the Lamb breaks the seal (v12). How does knowing God is in control of even the end change the way you face fear today?**

RESPOND — TODAY

**Write down one thing you have been trusting more than God, and ask Him to be your foundation instead.**

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (REVELATION 6:16–17)

DAY 5 OF 5

# Who Is Able to Stand?

READ · REVELATION 6:15–17

OBSERVE — WHAT DOES IT SAY?

**Who hides in verse 15, where do they hide, and who are they hiding from (v16)?**

REFLECT

**Kings and slaves hide in the same caves (v15). In what ways do you hide from God, and what are you afraid He will see?**

REFLECT

**The wrath belongs to "the Lamb" (v16), the same One who was slain. How would you explain to a friend why running to Jesus is safer than running from Him?**

RESPOND — TODAY

**Tell one man this week how you would answer the question "who is able to stand?" (v17) for yourself.**

☐ READ IT ☐ PRAYED IT ☐ SAID THE MEMORY VERSE (REVELATION 6:16–17)

WHEN THE GROUP MEETS

# Questions for the table

FOR THE GROUP · 1

**Which of the six seals was hardest for you to read this week, and what did you do with that?**

FOR THE GROUP · 2

**How did the martyrs' prayer in verse 10 shape the way you handled being wronged this week?**

FOR THE GROUP · 3

**Who in your life is not ready to stand (v17), and how can our group pray for them by name?**

MY PRAYER

**Lord, holy and true, I stop hiding and run to You, the Lamb who was slain for me, and I ask You to...**

CUT OUT · CARRY IT · REVELATION 6:16–17

*"Fall on us and hide us from the presence of Him who sits on the throne, and from the wrath of the Lamb; for the great day of their wrath has come, and who is able to stand?"*